

MeadowPure™

NutriGrad™

Lignan/Fiber Complex

Put the power of lignans and fiber behind your nutritional products with NutriGrad's specially designed flaxseed ingredient. With five times more lignans than full-fat flaxseed, it has what you need for supplements, nutrition bars, powders and more.

**Health benefits specifically
for nutritional products**



Supplement Grade Success

NutriGrad lignan/fiber complex's exceptionally high antioxidant value and strong nutritional profile were developed specifically for the competitive nutritional products market. With 56% dietary fiber, 5% lignans and 7% Omega-3, it delivers the benefits you need, in highly stable medium-brown colored free-flowing granules.

Flax Lignans & Health

For a rich source of dietary fiber, and lignans, choose **NutriGrad**. One of Nature's best sources of flaxseed lignans. Flax lignans are strong antioxidants and phytoestrogens—which can enhance women's and men's health. Flaxseed contains high levels of the plant lignan, secoisolariciresinol diglycoside (SDG) and provides 75-800 times more plant lignans than other plant sources. Pizzeys' NutriGrad, an all-natural lignan/fiber complex from flaxseed specifically designed for use as a food supplement ingredient, provides five times more SDG than full-fat flaxseed.

Natural Antioxidants in Foods

Food Source	TE/100g
NutriGrad	40,000
Black Berries	5,500
High-Fiber RTE cereal	5,300
Whole grain puffed oats	2,600
Red Plums	2,000
100% whole grain bread	1,300
Broccoli	600

*TE: Trolox Equivalents

Note: All values except NutriGrad adapted from Miller.H.E. et al.

Cereal Foods World. 45 (2): 2000. pg. 59-63

Adding **NutriGrad** to your foods can strengthen your nutrition label. Research supports the following structure function claims:

- **Flaxseed Lignans** can support female body, heart and bone health
- **Lignans** may help promote/support prostate health
- **Lignans** demonstrate antioxidant activity which protect against harmful free radicals

The MeadowPure™ Difference

MeadowPure's patented process takes innovation beyond your expectations. Using the most advanced, proprietary technology, we've refined our system to deliver naturally stable ingredients with flaxseed's full nutritional value and flavor. And, the MeadowPure process helps protect flaxseed's natural components from oxidation, letting us guarantee our ingredients' shelf life.

Partnering with Pizzeys'

NutriGrad is just one of the quality products in the MeadowPure portfolio. More than just ingredients, Pizzeys' Nutritionals customers enjoy access to a wealth of unparalleled expertise and innovation. We partner closely with each customer to find the right flax for the right application, ensuring exceptional performance in an extensive range of foods and beverages.



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